

Spend some time alone writing down your dreams, desires and wants. Try to write 50. Then narrow it down to your top 10. Fill in your top 10 below. You might need more space so feel free to write them down on a separate sheet of paper.

1 \_\_\_\_\_

6 \_\_\_\_\_

2 \_\_\_\_\_

7 \_\_\_\_\_

3 \_\_\_\_\_

8 \_\_\_\_\_

4 \_\_\_\_\_

9 \_\_\_\_\_

5 \_\_\_\_\_

10 \_\_\_\_\_

Now, compare items 1 and 6 and write down which one is a stronger dream, desire or want. This may be difficult but you have to pick one. If you need help, try closing your eyes and thinking about each dream, desire or want for a few minutes each. Which one is drawing you more? Which causes a bigger smile on your face or more excitement in you? Do the same with items 2 and 7, 3 and 8, 4 and 9 and 5 and 10. List your top 5 below.

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_



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Now compare item 1 with each of the remaining 4 dreams, desires and wants. When you compare item 1 and 2, determine which one is the strongest. Of those two compare the strongest one to item 3. Then compare the strongest dream, desire or want from the previous comparison to item 4. Do the same again and compare it to item 5.

This process will result in you determining what you really want to achieve, your goal! Use this goal as your inspiration and motivation in our Financial Freedom Coaching Programs.

Our Goal